

 **Words to learn | Unit 7**

<p style="text-align: center;"><b>although</b> <i>conj</i></p> <p style="text-align: center;">I got a good mark although the test was quite difficult.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>obwohl</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>bar</b> <i>n</i></p> <p style="text-align: center;">The tallest bar on the chart shows what most people chose.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Streifen</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>chips</b> <i>n</i></p> <p style="text-align: center;">Fish and chips is a typically British meal.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Pommes frites</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>congratulations!</b> <i>exclam</i></p> <p style="text-align: center;">Congratulations on passing your driving test!</p> <p>Unit 7</p>	<p style="text-align: center;"><b>gratuliere!</b> <b>Glückwunsch!</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>emotion</b> <i>n</i></p> <p style="text-align: center;">If you don't show any emotion, people don't know how you're feeling.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Gefühl,</b> <b>Emotion</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>fear</b> <i>n</i></p> <p style="text-align: center;">My biggest fear is of spiders.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Angst</b></p> <p>Unit 7</p>

 **Words to learn | Unit 7**

<p><b>feel down</b> <i>phr v</i> Bad weather makes me feel down.</p> <p>Unit 7</p>	<p><b>sich niedergeschlagen, deprimiert fühlen</b></p> <p>Unit 7</p>
<p><b>fill in</b> <i>phr v</i> Can you help me to fill in this form, please?</p> <p>Unit 7</p>	<p><b>ausfüllen</b></p> <p>Unit 7</p>
<p><b>health</b> <i>n</i> To live longer you need to take care of your health.</p> <p>Unit 7</p>	<p><b>Gesundheit</b></p> <p>Unit 7</p>
<p><b>importance</b> <i>n</i> Did you understand the importance of what she said?</p> <p>Unit 7</p>	<p><b>Bedeutung</b></p> <p>Unit 7</p>
<p><b>junk food</b> <i>n</i> Junk food isn't good for you and can be expensive.</p> <p>Unit 7</p>	<p><b>ungesundes Essen</b></p> <p>Unit 7</p>
<p><b>late</b> <i>adj</i> It's dark outside because it's getting late.</p> <p>Unit 7</p>	<p><b>spät</b></p> <p>Unit 7</p>

 **Words to learn | Unit 7**

<p style="text-align: center;"><b>least</b> <i>adv</i></p> <p style="text-align: center;">I like lots of team sports, but I like basketball the least.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>am wenigsten</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>mark</b> <i>n</i></p> <p style="text-align: center;">I didn't get a good mark for the last piece of homework.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>(Schul)note</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>pay a compliment</b></p> <p style="text-align: center;">If you pay someone a compliment you will make them very happy!</p> <p>Unit 7</p>	<p style="text-align: center;"><b>ein Kompliment machen</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>public</b> <i>adj</i></p> <p style="text-align: center;">There is a nice children's playground in the public park.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>öffentlich</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>self-confidence</b> <i>n</i></p> <p style="text-align: center;">My sister doesn't have much self-confidence.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Selbstvertrauen</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>skill</b> <i>n</i></p> <p style="text-align: center;">For that job you need good computer skills.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Geschick, Fähigkeit, Fertigkeit</b></p> <p>Unit 7</p>

 **Words to learn | Unit 7**

<p style="text-align: center;"><b>sleep</b> <i>n</i></p> <p style="text-align: center;">I feel terrible if I don't get enough sleep.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Schlaf</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>sleep in</b> <i>phr v</i></p> <p style="text-align: center;">On Sundays I sleep in until 11 a.m.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>ausschlafen</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>smile</b> <i>n</i></p> <p style="text-align: center;">The actress has a beautiful smile.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Lächeln</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>smile</b> <i>v</i></p> <p style="text-align: center;">I want to take a photo of you, so smile, please!</p> <p>Unit 7</p>	<p style="text-align: center;"><b>lächeln</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>statement</b> <i>n</i></p> <p style="text-align: center;">Do you think the statement is true or false?</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Äusserung, Erklärung</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>stress</b> <i>n</i></p> <p style="text-align: center;">More and more people are suffering from stress nowadays.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Belastung, Druck, Stress</b></p> <p>Unit 7</p>

 **Words to learn | Unit 7**

<p><b>swimming pool</b> <i>n</i> Do you enjoy going to the swimming pool?</p> <p>Unit 7</p>	<p><b>Schwimmbecken</b></p> <p>Unit 7</p>
<p><b>vegetable</b> <i>n</i> I like healthy food, for example fruit and vegetables.</p> <p>Unit 7</p>	<p><b>Gemüse</b></p> <p>Unit 7</p>
<p><b>after</b> <i>prep</i> I want to go out after I've finished my homework.</p> <p>Unit 7</p>	<p><b>nach</b></p> <p>Unit 7</p>
<p><b>any</b> <i>adj</i> Have you got any money with you?</p> <p>Unit 7</p>	<p><b>irgendein, etwas</b></p> <p>Unit 7</p>
<p><b>baguette</b> <i>n</i> Many French people buy a fresh baguette every day.</p> <p>Unit 7</p>	<p><b>Baguette, Stangenweissbrot</b></p> <p>Unit 7</p>
<p><b>catch a cold</b> Put your coat on when you go out or you will catch a cold!</p> <p>Unit 7</p>	<p><b>sich erkälten</b></p> <p>Unit 7</p>

 **Words to learn | Unit 7**

<p style="text-align: center;"><b>contain</b> <i>v</i></p> <p style="text-align: center;">Oranges contain lots of vitamin C.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>enthalten</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>cream</b> <i>n</i></p> <p style="text-align: center;">Apple pie with cream is a delicious dessert.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Rahm</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>diet</b> <i>n</i></p> <p style="text-align: center;">I have put on 10 kilos! I really must go on a diet.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Ernährung, Nahrung, Diät</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>during</b> <i>prep</i></p> <p style="text-align: center;">It's bad manners to call someone on the telephone during a meal.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>während</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>frying pan</b> <i>n</i></p> <p style="text-align: center;">You make pancakes in a frying pan.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Bratpfanne</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>ingredient</b> <i>n</i></p> <p style="text-align: center;">There is one ingredient we still need to buy before making the cake.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Zutat, Bestandteil</b></p> <p>Unit 7</p>

 **Words to learn | Unit 7**

<p style="text-align: center;"><b>lifestyle</b> <i>n</i></p> <p style="text-align: center;">My grandmother's lifestyle is very different to mine.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Lebensstil</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>pasta</b> <i>n</i></p> <p style="text-align: center;">Pasta is one of my favourite foods.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Nudeln, Teigwaren</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>peel</b> <i>v</i></p> <p style="text-align: center;">Peeling potatoes is a very boring job.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>hier: schälen</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>pepper</b> <i>n</i></p> <p style="text-align: center;">Please add salt and pepper if you wish.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Pfeffer</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>seed</b> <i>n</i></p> <p style="text-align: center;">A flower grows from a seed.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Same</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>skin</b> <i>n</i></p> <p style="text-align: center;">You should put sun-cream on in summer to protect your skin from the sun.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Haut</b></p> <p>Unit 7</p>

 **Words to learn | Unit 7**

<p><b>some</b> <i>adj</i> I really need some new clothes.</p> <p>Unit 7</p>	<p><b>einige, ein paar, etwas</b></p> <p>Unit 7</p>
<p><b>spread</b> <i>v</i> It is easier to spread butter when it's not too cold.</p> <p>Unit 7</p>	<p><b>hier: streichen</b></p> <p>Unit 7</p>
<p><b>sprout</b> <i>v</i> If a seed gets enough water, it will begin to sprout.</p> <p>Unit 7</p>	<p><b>keimen</b></p> <p>Unit 7</p>
<p><b>tablespoon</b> <i>n</i> You need a tablespoon of honey to make the biscuits taste sweeter.</p> <p>Unit 7</p>	<p><b>Esslöffel</b></p> <p>Unit 7</p>
<p><b>teaspoon</b> <i>n</i> I take one teaspoon of sugar in my coffee.</p> <p>Unit 7</p>	<p><b>Teelöffel</b></p> <p>Unit 7</p>
<p><b>vitamin</b> <i>n</i> It's a good idea to take more vitamin C in winter.</p> <p>Unit 7</p>	<p><b>Vitamin</b></p> <p>Unit 7</p>



 **Words to learn | Unit 7**

<p style="text-align: center;"><b>wholegrain</b> <i>adj</i> Wholegrain bread is better for you than white bread.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Vollkorn-</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>be fond of</b> <i>phr v</i> I'm quite fond of sailing.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>etwas gerne machen</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>canteen</b> <i>n</i> Eating in the canteen is a good way to see friends at lunchtime.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Kantine, Mensa</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>life</b> <i>n</i> Life is too short to be angry with someone for long.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Leben</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>nutrition</b> <i>n</i> Good nutrition is important if you want to stay healthy.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Ernährung</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>slice</b> <i>n</i> Would you like a slice of watermelon?</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Scheibe</b></p> <p>Unit 7</p>

**Words to learn | Unit 7**

<p style="text-align: center;"><b>tasty</b> <i>adj</i></p> <p style="text-align: center;">Thank you for the meal. It was very tasty.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>schmackhaft</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>vegetarian</b> <i>n</i></p> <p style="text-align: center;">I have been a vegetarian since I was 8 years old.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Vegetarier/-in</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>cabbage</b> <i>n</i></p> <p style="text-align: center;">My grandparents grow cabbage in their garden.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Kohl</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>candy</b> <i>n</i></p> <p style="text-align: center;">Candy is the American English word for sweets.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Süßigkeiten</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>cauliflower</b> <i>n</i></p> <p style="text-align: center;">Lots of children don't like cauliflower.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Blumenkohl</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>celery</b> <i>n</i></p> <p style="text-align: center;">Celery is a good food to eat if you want to lose weight.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>(Stangen)sellerie</b></p> <p>Unit 7</p>

 **Words to learn | Unit 7**

<p style="text-align: center;"><b>cereal</b> <i>n</i></p> <p style="text-align: center;">Many British children eat cereal for breakfast.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>hier: Frühstücksflocken</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>cod</b> <i>n</i></p> <p style="text-align: center;">Cod is a tasty white fish the British often eat with chips.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Kabeljau, Dorsch</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>cucumber</b> <i>n</i></p> <p style="text-align: center;">Cucumber is good in salads.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>(Salat)gurke</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>downhill ski race</b> <i>n</i></p> <p style="text-align: center;">That was the most exciting downhill ski race I've ever seen!</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Abfahrtsskirennen</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>duck</b> <i>n</i></p> <p style="text-align: center;">Let's keep the old bread to feed the ducks.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Ente</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>exercise</b> <i>n</i></p> <p style="text-align: center;">Are you getting enough exercise at the moment?</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Bewegung, Übung</b></p> <p>Unit 7</p>

**Words to learn | Unit 7**

<p><b>grape</b> <i>n</i> Wine is made from grapes.</p> <p>Unit 7</p>	<p><b>Weintraube</b></p> <p>Unit 7</p>
<p><b>honey</b> <i>n</i> You can add honey to tea to make it sweeter.</p> <p>Unit 7</p>	<p><b>Honig</b></p> <p>Unit 7</p>
<p><b>instructions</b> <i>n pl</i> Make sure you follow the instructions carefully.</p> <p>Unit 7</p>	<p><b>Anweisung, Instruktion</b></p> <p>Unit 7</p>
<p><b>lettuce</b> <i>n</i> Shall I add some lettuce to the salad?</p> <p>Unit 7</p>	<p><b>Blattsalat</b></p> <p>Unit 7</p>
<p><b>melon</b> <i>n</i> Melon is a refreshing fruit for the summer.</p> <p>Unit 7</p>	<p><b>Melone</b></p> <p>Unit 7</p>
<p><b>mustard</b> <i>n</i> Mustard has quite a hot taste.</p> <p>Unit 7</p>	<p><b>Senf</b></p> <p>Unit 7</p>

**Words to learn | Unit 7**

<p style="text-align: center;"><b>oil</b> <i>n</i></p> <p style="text-align: center;">Oil has many uses in cooking.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Öl</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>peanut</b> <i>n</i></p> <p style="text-align: center;">Some people are allergic to peanuts.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Erdnuss</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>pinch</b> <i>n</i></p> <p style="text-align: center;">Just add a pinch of salt to the sauce, not too much!</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Prise</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>previous</b> <i>adj</i></p> <p style="text-align: center;">The previous owner didn't look after the dog well.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>vorig, vorausgegangen</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>result</b> <i>n</i></p> <p style="text-align: center;">Have you got your test result yet?</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Resultat</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>sports</b> <i>n pl</i></p> <p style="text-align: center;">What sports do you do at school?</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Sport, Sportarten</b></p> <p>Unit 7</p>

 **Words to learn | Unit 7**

<p style="text-align: center;"><b>tube</b> <i>n</i> Toothpaste comes in a tube.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Tube</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>bat</b> <i>n</i> Cricket bats are made of wood.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>hier: Schläger, Schlagholz</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>common</b> <i>adj</i> Hockey is quite a common sport in British schools.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>üblich, weit verbreitet</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>diagram</b> <i>n</i> The diagram shows that volleyball is the most popular sport in the class.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Diagramm</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>everyone</b> <i>pron</i> I hope everyone can come to the party.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>alle, jeder</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>few</b> <i>adj</i> I only have a few minutes to talk, then I've got to go.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>wenige</b></p> <p>Unit 7</p>

 **Words to learn | Unit 7**

<p style="text-align: center;"><b>Great Britain</b> <i>n</i></p> <p style="text-align: center;">Great Britain doesn't often win medals in the Winter Olympics.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Grossbritannien</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>horse-riding</b> <i>n</i></p> <p style="text-align: center;">Horse-riding is a popular hobby in Britain.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Reiten</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>membership</b> <i>n</i></p> <p style="text-align: center;">My membership will be up soon, so I need to pay for the next year.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Mitgliedschaft</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>most</b> <i>pron</i></p> <p style="text-align: center;">Most of my friends go to the same school as me.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>hier: die meisten</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>no one</b> <i>pron</i></p> <p style="text-align: center;">I dropped all my books at school yesterday and no one helped me.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>niemand, keiner</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>nobody</b> <i>pron</i></p> <p style="text-align: center;">Nobody in our class plays tennis.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>niemand, keiner</b></p> <p>Unit 7</p>

 **Words to learn | Unit 7**

<p style="text-align: center;"><b>per cent</b> <i>n</i></p> <p style="text-align: center;">For the symbol '%' you say 'per cent' in English.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Prozent</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>racket</b> <i>n</i></p> <p style="text-align: center;">For my birthday I would like a new tennis racket.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Schläger, Racket</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>require</b> <i>v</i></p> <p style="text-align: center;">Visitors are required to buy a ticket in advance.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>brauchen</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>rich</b> <i>adj</i></p> <p style="text-align: center;">If you work hard and get a good job, you might be rich one day.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>reich</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>sports club</b> <i>n</i></p> <p style="text-align: center;">My father wants to keep fit so he has joined a sports club.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>Sportverein</b></p> <p>Unit 7</p>
<p style="text-align: center;"><b>stick</b> <i>n</i></p> <p style="text-align: center;">Dogs love running after sticks.</p> <p>Unit 7</p>	<p style="text-align: center;"><b>hier: Stock</b></p> <p>Unit 7</p>



 **Words to learn | Unit 7****tracksuit** *n*

A tracksuit is practical for sports lessons.

Unit 7

**Trainingsanzug**

Unit 7

**trainers** *n*

My pair of trainers is really old now – I need new ones.

Unit 7

**Turnschuh**

Unit 7